

Health Cap 拍健



A One-Stop Health Management Platform Simple, User Friendly and Convenient

-  Easy-to-follow user interface with clear instructions
-  Screen capture your SBP, DBP and heart rate with your fingertip
-  Fulfilling health management needs of individuals, members of family or a society

Download HealthCap now:



AI and Data Analytics Support:



How do you record your blood pressure?

Paper-and-pencil

-  Tremendous log books required
-  No average blood pressure value provided
-  No blood pressure trend shown



Mobile Application

Monitor your Blood Pressure Regularly for Heart and Cardiovascular Disease Prevention

-  Showing blood pressure variation and trend
-  Preparing personalized health report
-  Conducting health risk assessment with reminders of elevated risk
-  Sharing best-in-class disease prevention and health tips

Tips for Blood Pressure Measurement

-  Choose a stable table and chair of appropriate height
-  Relaxed and sit comfortably with your back supported
-  Make sure your arm is placed at the same level of your heart

For more information:

